

« We did not inherit the Earth,
we borrowed from our children. »

Saint-Exupéry

**CARLTON'S HOTEL IS COMMITTED
to minimizing its environmental impact
and acting for sustainable development.**

**CARLTON'S HOTEL IS A MEMBER OF
« CHARTER FOR SUSTAINABLE ACCOMMODATION IN PARIS »
WITH THE TOURIST OFFICE AND CONVENTION BUREAU OF PARIS**

Join us in this project, the nature will thank you!



1. ACTIONS CARRIED OUT IN CARLTON'S

ENERGY MANAGEMENT

- Surveys and monitoring of electricity and gas consumption, weekly and monthly.
- The building is properly insulated to reduce energy consumption.
- Double windows and double glazing in all rooms, for sound and heat insulation.
- Maintain a reasonable temperature in all areas (winter heating 19°C, summer air conditioning 24°C).
- Control of heating and air conditioning when rooms are not occupied.
- The heating system is other than electricity, it depends on the outside temperature.
- In winter, only one mode of heating: central (gas boiler) system or reverse air conditioning.
- Routine maintenance for the best performance possible, of the ventilation system and all devices generating heat exchangers of hot or cold.
- The call of the elevator is optimized: only one elevator per call.
- Refrigerators are away from sources of heat.
- TV off and not standby in all rooms.
- Bedroom curtain partially closed to avoid energy losses in summer and winter.
- Totality of lights with energy-efficient bulbs, Class A or B.
- The outdoor lights are off when they are not indispensable.
- Corridors to rooms equipped with lighting occupancy detection, enabling to save electricity.
- Gradual extension of sound and thermal insulation between rooms (1/3 done).
- Gradual generalization of centralized power cut-off in the rooms when leaving and air-conditioning cut-off when opening bedroom windows (1/3 done).
- Screens, computers, printers off at night ... (not in standby). Setting for extinction after maximum 1h of non-use.
- Bed linen and towels not changed daily, washing only on customer demand during stay.
- External laundry of sheets and pillowcases.
- Laundry inside the hotel at 60°C maximum and full load machine.
- Dishwashing on economic cycle and full load machine.

WATER MANAGEMENT

- Surveys and monitoring of water consumption, weekly and monthly.
- Use only water for a task, do not flush unnecessarily.
- Any leaks in taps and toilets is reported and repaired within 24 hours.
- Flow rates set below 8L/min for valves, less 9L/min for showers. 100% fitting with aerator.
- Gradual generalization of dual flush tank (1/3 equipped).
- Bed linen and towels not changed daily, washing only on customer demand during stay.
- External laundry of sheets and pillowcases.
- Widespread gradual abolition of bidets, replacing small bathtubs for a shower in the new bathrooms (one fifth of showers today).

WASTE MANAGEMENT

- Bed linen and towels not changed daily, washing only on customer demand during stay.
- Welcome products in the bathrooms eco-labelled and/or of vegetal origin, eco-refills shampoo and shower gel, disposable products packaged in 100% recycled paper or FSC or PEFC.
- Use cleaning products (sanitary, laundry, kitchen), labeled or certified eco.
- Use eco-refills (cleaning products, sanitary).
- Garbage bags in room 100% biodegradable.
- Selective sorting of glass, energy-efficient light bulbs and fluorescent tubes (Récyclum program).
- 4 products for breakfast are not individually packaged (cereals, milk, coffee, fruit juices).
- Email correspondence favored rather than sending brochures.
- Printing, when it is indispensable, in economic/fast mode, double-sided pages, 2 pages on 1, or on scrap paper.
- Second life of equipment and furniture, donation to charities.

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SUSTAINABLE PURCHASING

- Regular use of at least 2 breakfast products from regional production and/or fairtrade and/or organic farming (tea, coffee).
- Use cleaning products (sanitary, laundry, kitchen), labeled or certified eco.
- All printings (internal, external) 100% recycled paper or FSC or PEFC.
- Selection of suppliers with an environmental labeling and/or eco-friendly engagement and/or sustainable development approach.
- When replacing your dishwasher, the hotel is committed to what they consume less than 3.5 L of water per rack and use professional dishwashers.
- When replacing pumps and coolers, the hotel is committed to ensuring they are free of CFC refrigerants.
- When replacing the mini-bars, the hotel is committed to what they consume less than 1 kWh per day.

LIVING ENVIRONMENT

Create a satisfactory indoor environment:

- All the rooms are non-smokers.
- All rooms are equipped with double glazing.
- Use alternative means of chemical cleaning for the daily maintenance.
- Use of microfibres for the daily maintenance.
- Management of the hotel complies with the law regarding pollutants (asbestos, lead paint) and is careful not to use chemicals, pollutants (aerosols, deodorant, ...).
- Noise pollution is minimized inside the hotel so as not to exceed 30 to 40 dB at night.
- Generalization of swiss doorsills for acoustic comfort in the rooms.
- Gradual extension of sound and thermal insulation between rooms.
- During renovation works, the indoor environment quality is taken into account in new development, for guests and employees.

2. WHAT CAN ACHIEVE OUR GUESTS

- Re-use bath towels from one day to another, washing only on request.
- Use tap water needed for washing and no more.
- Do not wash the laundry in the sink.
- Take a shower rather than bath.
- Air conditioning or heating the room moderately during stay (winter heating 19°C, summer air conditioning 24°C).
- Turn off air conditioning (summer) or lower the heating (winter) when leaving the room.
- Watch TV with a moderate tone.
- Turn off the television at night (not standby) and when leaving the room.
- Turn off the lights in the room and the bathroom at night and when leaving the room.
- Report to the receptionist any water leakage.
- Bring old batteries at the reception desk.
- Take the elevator when you get tired.

3. INFORMATION AND AWARENESS

- The hotel has documentation regularly updated and searchable by staff and guests, gathering all the information regarding its environmental policy.
- The hotel informs its staff and guests on environmental actions undertaken in the hotel and tells them how they can contribute.
- The hotel informs staff and guests on how to manage water, energy and sort waste.
- The hotel offers its clients the city map and schedule of public transportation in the city.
- Guests have the opportunity to clean their bed linen and towels only on request.
- The hotel informs its customers about the bicycle rental located near the hotel.

Information and customer awareness is carried on:

- The hotel commitment in sustainable development.
 - The actions they can perform in sustainable development during their stay.
- Written documents: website, blog, welcome booklet, displays, pictograms.
→ Speaking skills: at the reception when check-in.

« Sustainable development is development that meets the needs of present generations
without compromising the ability of future generations to meet theirs. »



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